

VISION | MISSION SERVICE CORNERSTONES

HOW TO FIND US

CMRC COMMUNITY

VISION

- ❖ Building Bridges into the Community....
- ❖ Bridges from hope to recovery;
- ❖ Bridges to overcome the stigma of mental health; and
- ❖ Bridges to span the gaps in services.

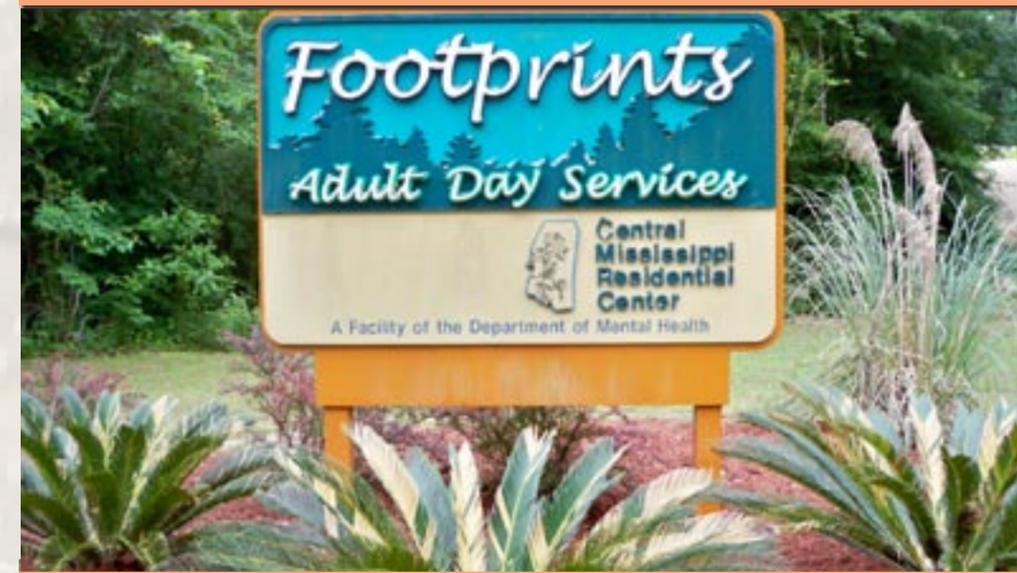
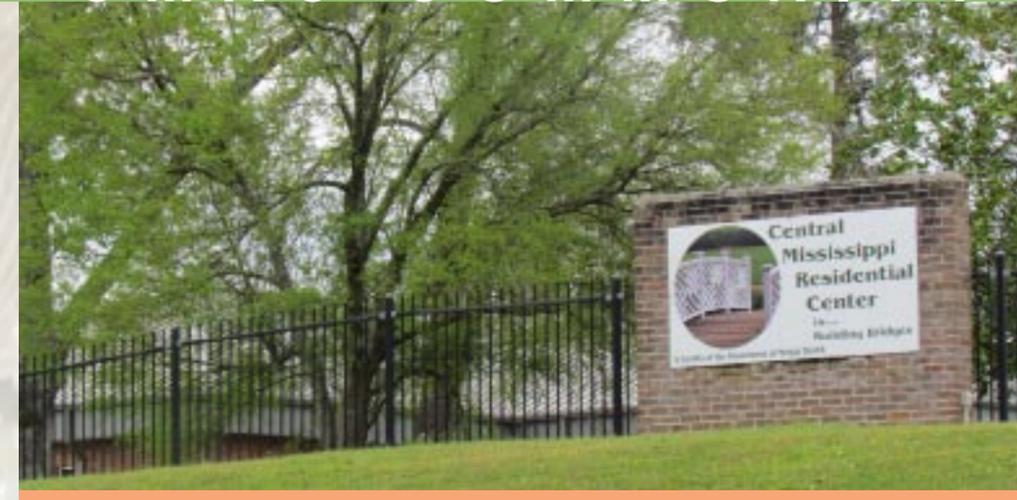


MISSION

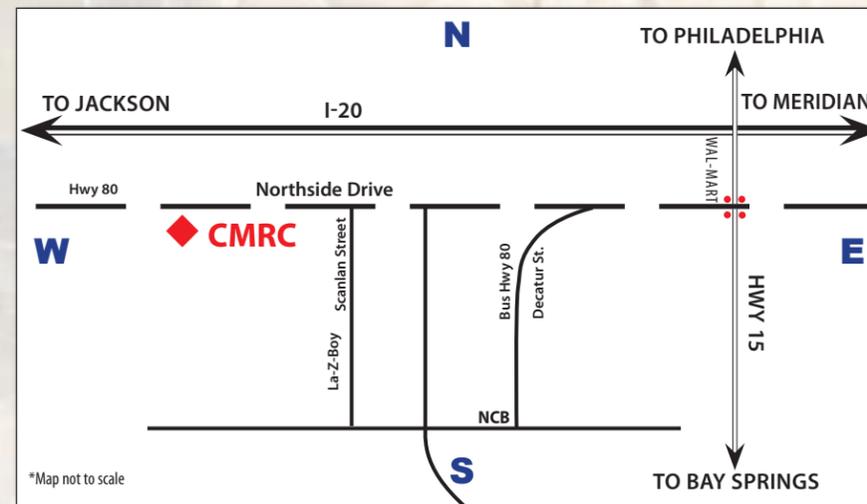
To provide a seamless, integrated continuum of mental health services, in community settings, minimizing the need for hospitalization and/or delaying the need for long-term placement.

SERVICE CORNERSTONES

- ❖ Effective treatment is client-driven, recovery and evidence-based, multi-faceted, and person-centered.
- ❖ Self-advocacy through assertive and proactive involvement in one's treatment is essential.
- ❖ Community partnerships are essential to community integration and the elimination stigma.
- ❖ Involvement in personally meaningful activities and the community is a right and a responsibility.



Visit our website at www.cmrc.state.ms.us for more information.



IT'S ABOUT PEOPLE AND RELATIONSHIPS!



COMMUNITY LIVING

The Community Living program provides services for adults with "Serious Mental Illness" (SMI) and has the capacity to serve 48 individuals in group homes and 24 individuals in duplex apartments. The group homes provide supervised living in a home-like setting for individuals who wish to develop the skills necessary for independent living in the community. The apartments provide support for individuals who are capable of living independently. Group homes provide around the clock staffing support, while staff is available as needed in the apartments. An array of services and resources are tailored to the needs of the individual and designed to support him or her where they are in the recovery



process. Individuals enrolled in the Community Living program are required to participate in five hours of purposeful activities daily. Mental health services, therapeutic activities, medication management and skills development are available through CMRC or may be accessed through other local providers. Admissions to both the group homes and supported apartments are contingent on acceptance into the program following an interview and tour of the program.

For more information about the program or to make a referral, contact (601) 683 4260.



ADULT DAY SERVICES

Footprints is a day center for individuals with Alzheimer's disease or one of the related dementias. It provides caregivers with a safe, caring and activity-oriented environment for their loved ones. The program operates Monday thru Friday from 7:00 a.m. to 6:00 p.m.

Admission criteria include:

- ❖ Primary diagnosis of probable Alzheimer's disease or other form of dementia;
- ❖ Regularly continent of bowel and bladder;
- ❖ Reasonably ambulatory;
- ❖ No behavioral problems which may pose a danger to others;
- ❖ Resides in one of the following counties: Newton, Smith, Jasper, Leake, Scott, Lauderdale, Kemper, Neshoba and Clarke;
- ❖ Admission to program is contingent on acceptance after an Assessment/Screening Interview.

Footprints provides the structure through daily activities. These activities provide cognitive stimulation. They are individually developed based on the strengths and abilities of participants. The activities enhance a person's sense of dignity and self-esteem by giving purpose and meaning to life.



The care ratio is one staff member to four participants. The staff is trained in issues related to the aging process, Alzheimer's disease, dementia care and behavior management. Walk-ins are not accepted. Private pay, insurance and Medicaid is accepted.

Referrals can be made by calling the Footprints Director at (601) 683-4320.

CRISIS STABILIZATION

Crisis Stabilization Unit (CSU) is a 16 bed short-term psychiatric stabilization program for adult men and women with mental health needs. Individuals may request voluntary treatment or be admitted on a "Writ to Hold" or Chancery Court Order. The purpose of this program is to provide early stabilization services in order to reduce the need for commitment or long-term hospitalization. The average length of stay is seven to ten days.



Individuals must be medically stable (e.g., ambulatory, no uncontrolled acute or chronic medical conditions, no dementia diagnosis, or need for medically supervised detoxification).

Services provided:

- ❖ Assessment and evaluation
- ❖ Illness Management and Recovery
- ❖ Co-occurring Disorders
- ❖ Anger Management
- ❖ Wellness
- ❖ Medication management and education
- ❖ Community resource education
- ❖ Therapeutic activities

Services are provided for individuals residing in Clarke, Hinds, Jasper, Kemper, Lauderdale, Leake, Neshoba, Newton, Scott and Smith counties.

Referrals are accepted 24/7, walk-ins cannot be accommodated. For information about admission call (601) 683-4300.

